

Know the Signs and Symptoms of Blood Clots - Remember the word A.C.H.E.S.

The following list is of the most common symptoms of a blood clot or Deep Vein Thrombosis (DVT) or Pulmonary Embolism (PE) that occur in the affected part of the body.

About half of people with Deep Vein Thrombosis have no symptoms at all. (DVT symptoms are usually in the leg and sometimes arm).

You can have a Pulmonary Embolism without any symptoms of a PE or DVT.

Seek emergency medical help immediate, especially if you suspect a Pulmonary Embolism or Stroke.



Abdominal Pain

Blood clot in pelvis or liver
Tubal Pregnancy

CHEST PAIN

Blood clot in lungs

Sudden rapid breathing or shortness of breath
Chest pain that is worse when you cough or take a deep breath
Rapid heart rate

Unexplained low energy
Severe lightheadedness

Heart Attack

Chest heaviness/pain
Unexplained shoulder pain
Weakness

HEADACHES

Stroke

Migraine headache,
Blurred vision or spots,
Sudden numbness,
Difficulty speaking,
Sudden intellectual impairment,
Dizziness

EYE PROBLEMS

Stroke

Blurred vision, double vision,
partial loss of vision
Headache or Migraine
Blood clot in eye

SORE LEG OR ARM

Blood Clot

Leg or Arm Fatigue
Pain or tenderness in one or both legs or arms, which may occur while standing or walking
Swelling in one or both legs or arms
Warmth in the skin of the affected leg or arm